

# Transportation

With chronic kidney disease (CKD) and any additional conditions you have, it may be a challenge getting to doctor appointments, the grocery store, and other places. However, there are some helpful options to consider:

Ask a friend or family member to drive you to your doctor appointments

Take a city bus, taxi, or other public transportation to get around

Talk to your social worker for information about government-sponsored transportation for senior citizens or those who cannot get around easily

While you're at dialysis or with your support group, if you belong to one, talk to others with CKD about how they handle transportation challenges.

© 2017 The Dialysis Patients Citizens (DPC) Education Center. All rights reserved.

Unauthorized use prohibited. The information contained in this website is not a substitute for medical advice or treatment, and consultation with your doctor or healthcare professional is strongly recommended. The DPC Education Center is a section 501(c)(3) non-profit charity (37-1698796). Contributions are tax deductible to the fullest extent permitted by the law.

---

**Source URL:** <http://www.dpcedcenter.org/classroom/take-active-role-your-treatment/transportation>